



InclUniGames

IUG

PROJECT

*TOWARDS THE FIRST EDITION OF THE
INCLUSIVE UNIVERSITY SPORTS GAMES*



Project realised with the contribution of





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 **SPORT**
E SALUTE

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GREETINGS FROM THE PRESIDENT OF CUSI ANTONIO DIMA



Sport, participation, commitment in building inclusive strategies for shared goals.

The InclUniGames (IUG) project - Towards the first edition of inclusive university sports games - highlights the responsibility of the university sports movement in creating student and youth-friendly contexts.

The Italian University Sports Centre, now the Italian Federation of University Sports, with the 2021-2022 contributions of Sport e Salute and the commitment of 20 CUSs, offered concrete opportunities for integration and enhancement of individual characteristics through the unifying power of sport.

Not only structured activities, but also the planning and management of sports events with the CUSs, to share experiences and passions.

The quality of the work of our professionals has been recognised by the broad participation and satisfaction of our stakeholders, indicators that repay the Federation's commitment.

The IUG project was not only a game, but also research and exploration of the characteristics for the management of inclusive sports contexts, to be shared with our sports actors. In addition, a document of good practices implemented in our context was compiled, to be made available to the entire sports scene, with the hope of fostering reflection and sharing among sports actors. Concluding with a big party in Caserta, the project qualified university sport as an amplifier of initiatives embracing the Third Mission of the universities and an essential element for the healthy growth of the young generations.

My thoughts turn hopefully to the possibility that students, protagonists of the inclusive initiatives of the CUSs, will be ambassadors of values such as unity, peace, and solidarity. They are medals that shine as brightly as the golds of our student athletes in international competitions. For the students of today and tomorrow FederCUSI is and will be there, attentive to the needs of young people and ready to transfer their knowledge and skills for the life of tomorrow, which will live up to their expectations and those of the country.



GREETING FROM THE PRESIDENT OF SPORT E SALUTE MARCO MEZZAROMA

On an occasion such as this, which concludes one of the projects that has seen us work together as partners, I would like to bring Sport e Salute's greetings. The ordinary 2021 and 2022 contributions from which the funding for the 'In-clUniGames' project comes have allowed sports bodies to develop initiatives and set in motion a virtuous system of projects that is bearing important fruit. In your case, for example, the 'IUG' project has certainly contributed to promoting sporting activity among particularly important social and demographic groups: people with disabilities who have been at the centre of the inclusion project.

Bringing children and their families closer to sport and guaranteeing sporting activity also in terms of support for fragile socio-economic groups is one of the objectives of public policies on sport and specifically of us at Sport e Salute. I would like to emphasise and highlight that this is an objective also shared with you at CUSI and with your entire university sports system.

You are a very important reality for the Italian sports system also because, in some territories, you represent an important reference point in terms of sports facilities. The role of the CUSs throughout the country must therefore be nurtured and supported, as an ally in preventing young people from dropping out of sports.

Together we must continue to develop projects and initiatives capable of satisfying and stimulating the desire for sport and sporting practice in those young people engaged in the most delicate phase of their studies, increasingly creating the conditions for sport and study to develop complementarity rather than competitiveness. In this sense, the examples coming from other countries must be a stimulus to develop an Italian model that sees physical activity and cultural education as allies in the social growth of the new generations.

This is one of the goals the government is asking us to commit to, and I am sure that we will not lack the passion and enthusiasm to achieve it together with you.

THE ROLE OF UNIVERSITY SPORT IN INCLUSIVE SPORT

The CUSI, Centro Universitario Sportivo Italiano (Italian University Sports Centre) is a sports institution that was founded in 1946. It took over the legacy and baton from the dissolved GUF (the Fascist University Groups) with the precise objective of promoting sports activities among university students and within universities. The first National University Championships (C.N.U.) were held in Bologna in 1947. In the same year, the CUSI set up the first representative team that took part in the first post-war World University Games held in Paris. In 1948, on the initiative of CUSI leaders, the FISU (Fédération Internationale du Sport Universitaire) was founded: the organisations of Italy, Germany, Luxembourg, and Switzerland were founding members. The CUSI is the National Federation of University Sport that has organised the largest number of Universiade editions, including winter and summer editions: the first ever in 1959 in Turin, which allowed the CUSI to receive the 'Pierre De Coubertin' Cup from the IOC. With a decree of the President of the Republic in 1968, the CUSI obtained the important recognition as a body with legal personality. Until 2022, the CUSI was a Sports Promotion Body with a special regime recognised by CONI, a Social Promotion Association recognised by the Ministry of Labour and Social Policies and a National Association with Welfare Purposes recognised by the Ministry of the Interior. Its relevance on the national territory is determined by the capillarity of its presence and the multiplicity of its commitment. From 1 January 2023, following the resolution of the CONI National Council on 19 July 2022 and the approval of the statutory changes at the extraordinary federal assembly on 4 December 2022, the CUSI became a national sports federation recognised by CONI: the Italian Federation of University Sport (FederCUSI). CUSI's main interlocutor is the CRUI Conference of Italian University Rectors, with which dialogue and the sharing of ideas and projects for the development of university sport has always been encouraged by CONI and the Ministry of Universities. Nationwide, there are 48 CUS University Sports Centres at university campuses in Italy, which were established with the aim of providing the university population with the opportunity to practise sport: at each new university campus.

In 2012, the 'CUSI network' project was born with the idea of systematising the CUSI's commitment not on the competitive track of its activities, but on the promotional track aimed at the social responsibility of sports practice. Thus, a social balance sheet was drawn up by adhering to the call of the Ministry of Labour and Social Policies pursuant to letter d) of Law 383/2000 - 2012 Annuity Directive. The document was aimed at financing projects prepared by Associations for social promotion. An instrument capable of giving an external account of the social value of its activities: the mission of the CUSI, together with that of all CUSs, has a considerable impact in terms of sociality, cultural integration, psycho-physical well-being, and witness to the values of sport. Since 2018, CUSI has structured its inclusive action through sport by participating in different national calls, promoting and supporting the territorial initiatives of the University Sports Centres with funding and project support. In 2018, 'SPIN - Sport for Inclusion' co-funded by CUSI and the Ministry of Labour and Social Policies, saw the Italian University Sports Centre engaged for the first time, in a structured manner, throughout the national territory through the work of the CUSs in the promotion of motor and sports activities of an inclusive nature. The entire process activated 23 projects proposed by the CUSs throughout the country, which reached a total of over 650 recipients. In addition, 48 sports instructors from the CUS network throughout Italy were trained and awarded the qualification of 'CUSI Sports Instructor for People with Disabilities'. The 'SIAMO SPORT' project was a natural continuation of SPIN, in 2020, co-financed by CUSI and the Ministry of Labour and Social Policies. It stems from the experiences carried out by the CUSs in the territories with the intention of launching new micro-project experiments and implementing territorial networks. The networks are supported by the national coordination, which can propose a continuous and structured offer of sports and recreational activities for people with disabilities throughout the CUSI network. With 'SIAMO SPORT', the aim was to promote equal opportunities for access to motor and sports activities as a factor of social inclusion and development of social and relational skills for people with disabilities. There are two areas of action in the project: the first is directed at disabled recipients, with project proposals for motor and sports activities for approximately 400 persons with motor and/or cognitive disabilities. The second area is systemic and supportive, with the carrying out of the necessary training, capacity building and promotion of territorial networks capable of supporting the proposed activities locally.

Within the 'SIAMO SPORT' project, we saw the birth of the CUSI Inclusive Sport Documentation Centre. It is a space for collecting and sharing project experiences implemented by the CUSI-CUS network and for the production of new knowledge in the field of sport and inclusion. Between 2020 and 2021, thanks to a public call for proposals from Sport e Salute, the 'SPINABILITY' Project aimed to bring inactive persons with disabilities closer to motor and sports activities. The project had the objective of improving their physical and social well-being and health through practice and experience in the field. The CUSI, in pursuit of its objectives through the activities of the individual CUSs, proposed an organic intervention capable of guaranteeing full and equal access to the activities for the project recipients. The 12-month project, closing in November 2021, has reached more than 350 disabled recipients and more than 2000 able-bodied recipients through the activities proposed within 14 territorial proposals. Throughout 2022, CUSI has been engaged in the 'SPONCI' project, financed by the Public Notice for Sports Promotion Bodies for the selection of projects aimed at promoting sports activities of 2 December 2020 of the Department for Sport of the Presidency of the Italian Council of Ministers. The aim of 'SPONCI' was to promote the development and implementation of projects capable of fully including sport in paths of growth and improvement of lifestyles, through educational, training and social moments. Furthermore, the project wanted to maximise the capacity of sport to convey educational content. Sport, therefore, is not only considered as a means of achieving the psycho-physical well-being of those who practice it, but also as an educational tool. Through confrontation and interaction, it favours the development of integration and socialisation. The project was carried out in this situation for the development of social responsibility and social inclusion projects aimed at sports organisations. The CUSI, thanks to the far-sightedness and uniqueness of the project idea developed with the SocialNet agency and, with the participation of AnciComunicare, the in-house company of ANCI (National Association of Italian Municipalities), has created the SPONCI! Parallel to 'SPONCI!' is 'Smart Sport'. The project was co-financed by the CUSI with the Ministry of Labour and Social Policies. It was an initiative aimed at responding to the need to spread the practice of motor and sport in the population in general. In particular, it was aimed at supporting the population with disabilities, as a tool for well-being, growth and social aggregation. Through the activities proposed by the 19 participating CUSs, the project aimed to develop, test and disseminate an innovative

‘Smart model’, capable of bringing families with disabled members, the elderly and minors closer to sport and motor activity.

The training of Smart Family Trainers was also envisaged within the project. They were technical figures to whom knowledge and skills in managing and accommodating users' demand for sport were transferred, as well as the management of inclusive projects. In 2023, at the same time, there were two most recent inclusive projects of the CUSI: ‘Sel - Sport and Identity’ through two parallel actions aimed at implementing the motor sports offer and supporting identity building among young middle and high school students, and ‘IUG - InclUniGames’ which, with the aim of promoting the practice of sport in the territories, addressed young people with disabilities and in conditions of socio-economic fragility. The second project led to the organisation of a real first edition of the Inclusive University Games.

ABOUT THE IUG PROJECT

InclUniGames - IUG, Towards the first edition of the Inclusive Sports University Games is a social responsibility project aimed at the promotion, orientation and practice **of inclusive sport**. The project is interested in improving the psycho-physical and aptitude conditions of people with fragility. The priority objective is to make sport accessible to all and to influence the reasons that today keep people living with socio-economic disadvantages away from sport.

The first edition of InclUniGames, thanks to the **adhesion of 20 University Sports Centres**, promoted inclusive sports practice throughout the country within social contexts characterised by physical and intellectual-relational disabilities. At the same time it constitutes, together with the various ‘targeted partners’, a large virtuous network useful for fostering a constructive dialogue on the issues addressed by the project. Furthermore, it constantly promotes good practices aimed at improving the ‘FederCUSI sports system’ and, consequently, the national sports reference system on activities related to the sports-social inclusion binomial.

IUG is a project financed by Sport e Salute Spa through the call for proposals for ordinary grants 2021 and 2022 for Sports Promotion Bodies.

IUG IN SHORT

- 20 inclusive sports projects carried out
- 3-day territorial final event
- +12k registered attendance at sporting events
- 81 individual sports events
- 3697 total participants involved
- 700 participants with disabilities
- +55 sports disciplines practised
- 256 human resources involved
- 79 partnership activate

CHAPTER I
THE INCLUNIGAMES
– IUG PROJECT



1.1 PROJECT GOALS

InclUniGames - IUG is a genuine social responsibility project that has met with verifiable and measurable success and satisfaction on the part of the enablers and all participants involved:

OBJECTIVE 1 - Development of programmes aimed at the dissemination, promotion, and orientation towards physical activity and practice of the call for projects opened by Sport e Salute. It relates to the ordinary 2021 and 2022 contributions for Promotional Bodies with reference to and interest in the development of project activities. The projects aimed at improving the psycho-physical and attitudinal conditions of those persons included among the targets of 'particular relevance'. The second point of the list refers to:

'People with frailty, also with reference to the practice of physical activity as a means of return to socialisation and persons suffering from non-communicable diseases, degenerative diseases, as well as overweight or obese persons'

In its ideal development plan, each action was conceived and delivered with the overall objective of **promoting the practice of sport** within social contexts characterised by physical and intellectual-relational disabilities. In addition, the project aimed to **cyclically nurture a constructive dialogue** on the issues addressed and to **consistently promote good practices** aimed at improving the 'CUSI sports system'. By extension, the project aimed at improving the national sports system of reference on activities relating to the sport-social inclusion binomial.

In particular, the project activities had the ambition to fall into **3 macro-goals**:

- **Goal 1** - Organising of a first edition of the Inclusive Sports University Games, a competition to be officially included in the programme of sports events promoted annually by CUSI.
- **Goal 2** - Drafting of the FederCUSI Guidelines dedicated to the organisation of sports events for students with disabilities within the CUS.
- **Goal 3** - Laying the foundations for the definition of a new organisational position within the CUSI system, the 'Manager of Sports Inclusion'.

In an organic, preparatory, and complementary manner to the **macro-goals**, the project had the following **specific goals**:

- To create propaedeutic conditions for a first edition of the Inclusive University Games.
- To build a virtuous network able to favour the reception of people with disabilities in the CUS in a conscious and responsible way.
- To define the profile of a 'Sports Inclusion Manager', by training at least one person for each CUS. Each person must have a qualification recognised by ministerial bodies consistent with the mission and nature of the project, driven by the CUSI and the specialised certification body in charge, linked to national social cooperativism.
- To nurture the dialogue between territorial and supranational social cooperativism, proximity voluntary work, CUS managers and technicians. This is with the aim of educating them on good practices in the psycho-aptitude and sporting treatment of athletes with disabilities.
- To strengthen and enhance the collaborative network with the Italian Paralympic Committee.
- To define a single protocol and guidelines for the organisation of events, individual competitions and sports championships for students with disabilities registered with the various CUS. These documents can be used by the respective local authorities in order to provide a uniform service in terms of cultural-organisational principles and values, legitimising the role of the CUSI and the respective CUS as centres for inclusive sport in the territories.
- To encourage the practice of sport, including competitive sport, for the weaker groups present within the various universities in dialogue with the respective CUS.
- To produce a census of athletes with disabilities present within Italian universities, that can be useful for national and European statistical purposes.
- To strengthen, update and spread among operators, volunteers, technicians and managers of the CUSI network, specialist knowledge and skills for the management of motor and sports activities with people with disabilities.
- To raise awareness and spread an 'inclusive culture' in the world of Amateur Sports Association (ASDs and SSDs).
- Regarding the two previous points expressed above, with the help of the CUSs and the territorial ASDs/SSDs, to borrow the same policies to encourage the practice of sport provided by the project for people with disabilities, to all the social operators involved in supporting the activities.

- To reduce the gap between the world of social cooperativism and the dynamics characterising sport for people with disabilities from a cultural and practical point of view.
- To increase the supply of sporting activities for people with disabilities and to foster dialogue between stakeholders specialised in issues and services dedicated to the world of physical and intellectual-relational disabilities.
- To help foster dialogue on the subject of dual careers in the Paralympic world.

The Contribution of InclUniGames to the Sustainable Development Goals (SDGs)

The 2030 Agenda for Sustainable Development is an action programme for people, planet and prosperity signed in September 2015 by the governments of the 193 UN Member States. It encompasses 17 Sustainable Development Goals (SDGs) in a large action programme with a total of 169 targets or goals that countries have committed to achieve by 2030.



Through the IUG Project, CUSI intended to make a significant contribution to 6 of the 17 Sustainable Development Goals.



The project aims to contribute to the goal 'no poverty' by providing free access to sports for the disabled persons involved, through the reduction of entrance fees for families.



The project wants to contribute to the goal 'good health and well-being' by promoting physical exercise and sports practice among people with disabilities, social workers and all those involved in the process through specific programmes throughout the country.



The project aims to contribute to the goal 'quality education' by organising discussion and specific training with the aim of stimulating reflection and developing specific knowledge and skills among the social workers and technical figures involved about disability in sport.



The project aims to contribute to the goal 'gender equality' by ensuring, as far as possible, an effort towards a balanced involvement among the beneficiaries of the activity.



The project wants to contribute to the goal 'reduced inequalities' by promoting inclusive sports activities for persons with disabilities throughout the country, with particular reference to the regions of Southern Italy, implementing a virtuous model of social inclusion in sports that is destined to last.



The project wants to contribute to the goal 'partnership for the goals' by stimulating a constructive dialogue between CUSI and the bodies/organisations dealing with disabilities in the country. This is aimed at creating a real network capable of drawing up specific programmes and making a concrete contribution to the promotion of sports programmes dedicated to people with disabilities.

1.2 PROJECT STRUCTURE

The IUG project was divided into **five ‘macro-project phases’**, within which a series of sports, training and social activities with a strong social impact for the entire national university sports movement and beyond were implemented.

Specifically:

1. Activity Planning Phase – September/December 2022

In which the development lines and organisational arrangements of the project were defined and planned in accordance with the approved proposal.

2. Local Awareness and Involvement Phase – December 2022/April 2023

This phase experienced two distinct moments:

1. The first was the so-called ‘project call’, which took the form of an online meeting (which was preceded and followed by an official circular letter). Through the meeting the CUSI opened up the possibility of participating in the InclUniGames project with its own proposal to all the then 48 University Sports Centres throughout Italy. Each CUS interested could, by filling out the appropriate project form accompanied by a related budget, set up its own proposal in the area in line with the objectives of the IUG. To facilitate the application process, an actual desk was set up, chaired by the project partner CMA with the supervision of the Inclusive Sport Documentation Centre, dedicated to the support of each interested CUS.
2. The second step involved the analysis of the proposals received from the CUSs and the consequent selection of the projects accepted for funding. In particular, the proposals were assessed based on an evaluation grid, which provided for the assignment of scores to each project (out of a maximum total of 100pt) according to the criteria below:
 - 25pt - Clarity, creativity and originality of the project proposal with specific reference to the type of activities envisaged and consistency with the general objectives of the IUG Project.
 - 20pt - Ambition and coherence of the expected results indicated, with specific reference to
 - the specific qualitative objectives of the individual project.

- the number of recipients involved, in relation to the targets identified by the IUG project (including a focus on women).
- 15pt - Project duration with specific reference to the planned number of hours of activity.
- 10pt - Quality and coherence of the partnerships established with the territory and with Third Sector organisations.
- 10pt - Collateral activities envisaged in addition to the ‘minimum’ ones indicated by the IUG Project also with reference to promotion and communication activities.
- 5pt - Possible involvement of testimonials.
- 15pt - Structure of the budget, with reference to consistency with the activities envisaged in the project proposal and compliance with the requirements set out in the IUG Project Instructions.

3. Activity phase - May/October 2023

It was dedicated to the implementation of the motor and sports activities envisaged by the individual projects throughout the country. The activities were managed locally by the participating CUSs, with the supervision and support of the Project Desk. The desk remained active throughout the duration of the activities.

4. Territorial and National Final Events

Right from the outset, the InclUniGames project had the intention of culminating in a number of important closing events over three separate days. They were organised in such a way as to facilitate an intense – or even massive – participation of the delegations of the CUSs taking part in the project, by identifying cities that would allow for easy logistics according to the criterion of north-centre-south centralisation.

There was a call for expression of interest open to the CUSs on the possibility of hosting the final territorial event. The call was then followed by a ‘strategic’ assessment to identify venues able to guarantee the participation of all. Based on this, the University Sports Centres were identified and consequently the three locations that hosted the InclUniGames final territorial events were identified:

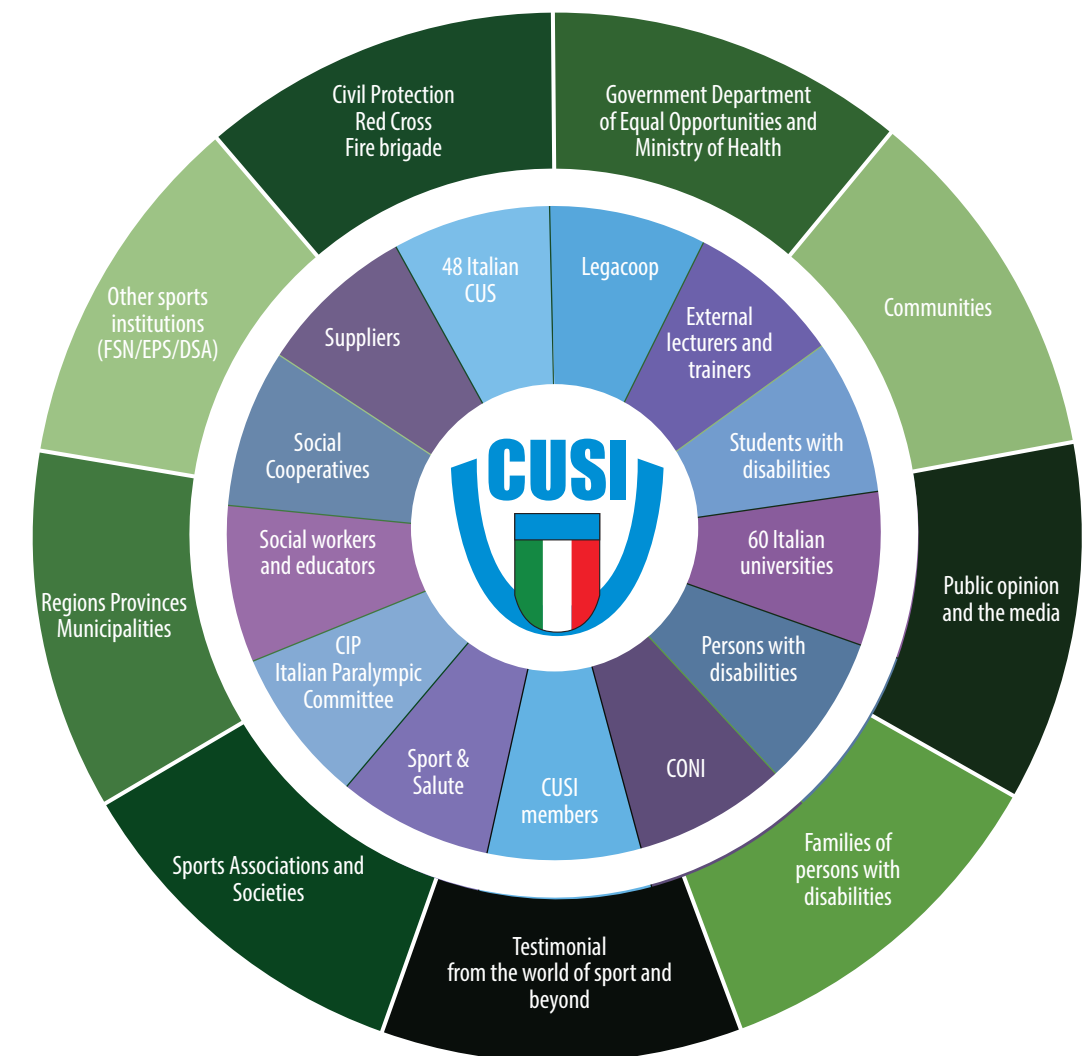
- CUS Bologna - 21/10/2023 - CUS Record facility in Bologna
- CUS Eastern Piedmont - 30/10/2023 - CUSPO Sports Centre of Alessandria
- CUS Foggia - 25/11/2023 - Foggia CUS Sports Complex

After the three local events, a large final day was organised to share experiences and the first quantitative and qualitative results obtained. The day took place in the framework of the event 'University Sport Beyond All Barriers' organised by FederCUSI with the support of CUS Caserta, in the provincial capital of Campania, on 12 and 13 December 2023.

5. Collection, analysis and dissemination of results - December 2023/May 2024

The final phase, which is equally noble as well as organic to the previous ones, functions as a collection of performance indicators. They were useful for the measurement and subsequent dissemination of the results obtained by both the territorial projects and the national project. This **Final Project Report** is the product of both the results of the activities and of specific surveys addressed to the various primary stakeholders. It aimed at measuring the degree of satisfaction and the critical issues encountered along the way. The document represents the primary reporting tool of the IUG Project as well as a further starting point for the Federation's future proposals on the issues of inclusive sport.

1.3 PROJECT STAKEHOLDERS



PRIMARY – DIRECT STAKEHOLDERS
SECONDARY - INDIRECT STAKEHOLDERS

1.4 EXPECTED RESULTS

The aim of the InclUniGames project was to generate an important cultural change to promote the inclusion of people with disabilities in national sports contexts, with specific reference to CUSs.

The realisation of this change was ensured through the different project outputs:

- The drafting of FederCUSI Guidelines dedicated to the organisation of inclusive sports events.
- The organisation of the first edition of the Inclusive Sport University Games.
- The definition of a new organisational position within the CUSI system: the 'Sports Inclusion Manager'.

In addition, with reference to the (general and specific) objectives identified, the project aimed to reach the following beneficiaries, subdivided according to the different modes of involvement/activities envisaged:

Direct beneficiaries of sports activities

The sporting activities aimed to involve at least 30/35% of the CUSs (out of a total of 48) with as even a distribution as possible throughout the country. Through the activities promoted in the participating CUSs, the project aimed to reach 1,000 recipients, including:

- 500 people with disabilities directly involved in sports activities, for a minimum of 2 to 4 hours per week depending on the sports programmes identified.
- 50 social workers/tutors from the social cooperation sector involved in sports activities, both actively and in support of CUSI/CUS staff.
- 50 CUSI/CUS technicians/managers/operators as coordinators of the various sports activities planned.

Direct beneficiaries of training activities

The training activities were aimed at all 48 CUSs nationwide and were aimed at identifying at least 1 'Sports Inclusion Manager' for each CUS involved. Through these activities, the project aimed to train approximately 50 CUSI technicians/managers/operators.

Beneficiaries of initial involvement and investigation/study/analysis activities

The initial involvement and survey/study/analysis activities aimed at involving all 48 CUSs in the country and all social co-operation organisations participating in the InclUniGames project. Through the online surveys and preliminary meetings, the project aimed to reach approximately 400 target groups, including:

- 100 social workers/tutors from the world of social cooperation.
- 300 CUSI technicians/managers/operators.

Target audience for project communication and dissemination activities

Given the communication and dissemination plan expressed above, it is assumed that a total audience of more than 500,000 people could be reached (aggregate data resulting from social content-related impressions plus average media impressions).

1.5 ACHIEVEMENTS

In this section we collected the achievements of InclUniGames. The numbers and analyses below are the result of the monitoring process carried out by the Project Desk and the Inclusive Sport Documentation Centre, of the final reports produced by each Territorial Contact Point and of the numbers provided by the Sport-In monitoring platform that were shared by Sport e Salute for the measurement of sports activities.

The Project involved **20 out of 48 potential University Sports Centres** (around **42%**). They initiated the related territorial projects, organising **81 individual sports events**, actively involving **3697** participants, and promoting a total of **55 different sports disciplines**, both conventional and non-conventional.

Participating CUSs

9 - NORTH

- Bergamo
- Brescia
- Genoa
- Insubria
- Padua
- Eastern Piedmont
- Turin
- Trieste
- Venice

6 - CENTRE

- Bologna
- Camerino
- Mo.Re
- Pisa
- Tor Vergata
- Viterbo

5 - SOUTH

- Catanzaro
- Cosenza
- Foggia
- Molise
- Palermo



The recipients involved

The area projects actively involved more than **3,600 participants and recorded more than 12,000 attendances at sports events**. The target groups were diverse, spanning all age groups. They ranged from activities for girls and boys in the so-called early childhood (4-6 years of age) to inclusive sports courses for the elderly (over 65). We want to emphasize the massive involvement of young people, with a specific focus on the 14-18 and 18-25 age groups. Approximately **20% of the total number of participants** were persons with disabilities (motor, sensory, cognitive and socio-relational) of various nationalities, who carried out inclusive activities with continuity over the **7 months of the project**. Moreover, most of the people involved were 'inactive' or came from socio-economically fragile backgrounds. Finally, the great balance in terms of participation by gender in each project should be noted.

Sport disciplines practised

CONVENTIONAL: 30	UNCONVENTIONAL: 25
ATHLETICS	ACCHIANA U PATRI CU TUTTI I SO FIGGHI
BADMINTON	BASKET GOAL
BASKETBALL- BASKIN	BEACH KARATE
BEACH VOLLEY	FOOTBALL TENNIS
BILLIARDS	CAMPANA
PARALYMPIC BOCCIA	SACK RACING
FOOTBALL	CURLING WITH FITBALL
FIVE-A-SIDE FOOTBALL	DRAGONBOAT
CANOE	KIN-BALL
ROWING	LASER RUN
FITNESS	ORIENTEERING
SOFT GYMNASTICS	DODGEBALL
PRE-ACROBATIC GYMNASTICS	PALLAPUGNO
HIP-HOP	PICKLEBALL
FIELD HOCKEY	PLOGGING
JUDO FOR THE VISUALLY IMPAIRED	CAPTURE THE FLAG
KARATE	RUGBY FLAG
WRESTLING	SHOWDOWN
SWIMMING	SPIKEBALL
HANDBALL	TAMBURELLO
PESISTICS	TUG OF WAR
ROLLER	TORBALL
RUGBY	TOWER'S FAIL
FENCING	ULTIMATE FRESBEE
TENNIS - WHEELCHAIR TENNIS	ULTIMATE RUGBY TOUCH
TABLE TENNIS	
ARCHERY	
SAILING	
VOLLEY - SITTING VOLLEY	
YOGA	

Human resources involved

The territorial projects involved a total of **256 human resources** in the activities from different areas of intervention and with different specific tasks:

Territorial contacts

One for each project, the contact persons participated in the preliminary meetings and presented their proposal. They managed the coordination of territorial activities and of the human resources involved. Furthermore, they managed relations with the local network and contacts with the national project coordination.

Administrative staff

Internal figures who supported the CUSs in the reporting of activities also in the light of the changes introduced by the sports reform.

Trainers

Sports technicians who organised and managed the practical activities, customising them in relation to the needs reported by the participants.

Tutors

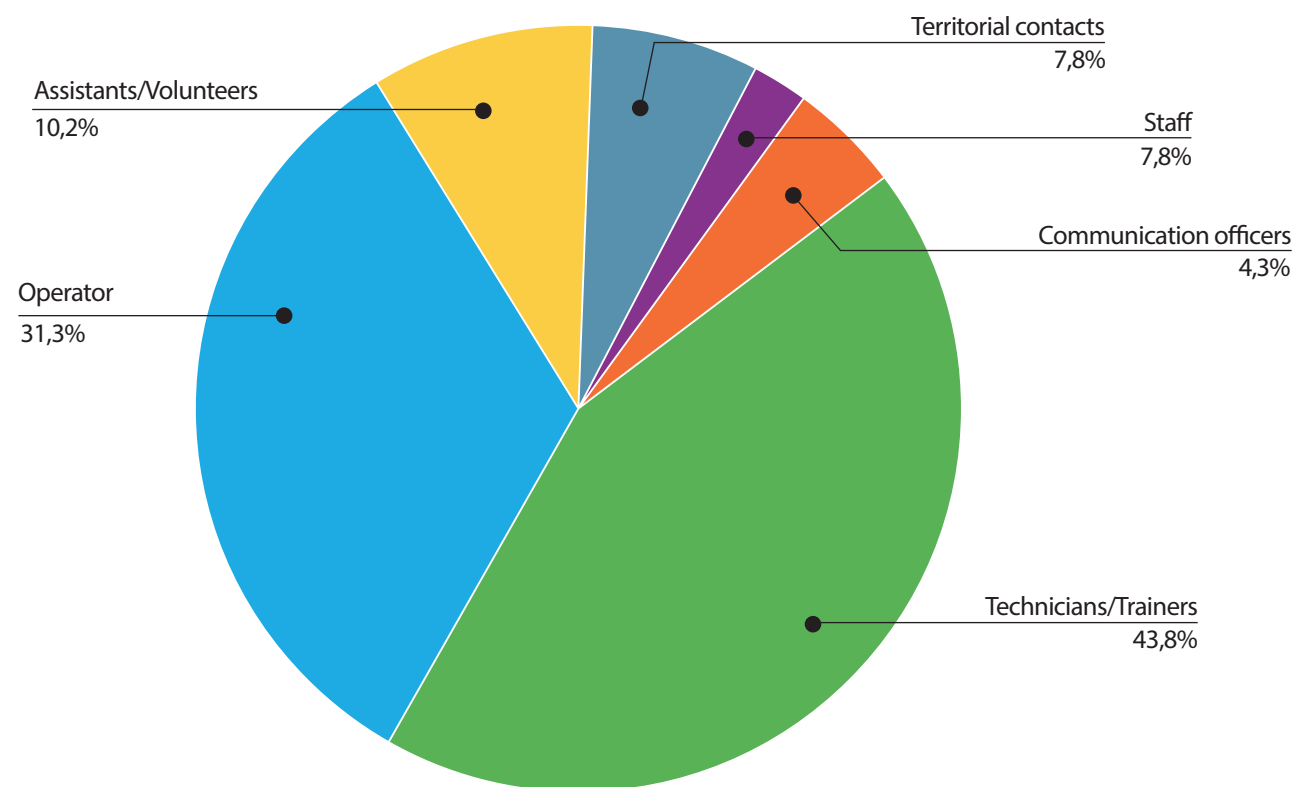
Physical education graduates, social workers, and educators who supported the realisation of practical motor and sports activities. They provided support to the recipients who needed it and fostered the inclusion process within the activities.

Communication officers

Figures who provided support and expertise in the promotion of individual projects and in the dialogue with the National Communication Office.

Volunteers

Athletes, CUS members and card-carrying members, students, family members of the recipients. They offered their support in different positions and at different stages of the implementation of the activities of the individual projects.



Of the human resources involved, **43.8%** are **technicians/instructors**, no less than 112, who are essential for carrying out the sports activities envisaged in the project. No less important in this respect are the **80 social workers/tutors/educators**. Each project provided for the appointment of a **territorial contact person (20 in total)**, while **7 and 11** persons are involved in **administration** and support for **communication** activities. The remaining 26 persons are assistants/volunteers made available by the project partners to carry out the activities.

Activated partnerships

One of the important aims of the IUG project was to stimulate the CUSs in the construction of a virtuous territorial network. The network could, on the one hand, maximise the positive impacts of the individual proposals and, on the other, allow the CUSs to become even more embedded in their local area. In this way the CUSs would legitimise their function as social aggregators for the community through sport.

From the very first moment, the indication was to open up to the local area by establishing a constant dialogue, both with new partners and by building on existing collaborations already established by the CUSs, according to a long-term vision not only related to the activities of the IUG.

In the implementation of the project activities, all the CUSs partnered with local organisations of different natures, which can be traced back to the following macro-areas:

Third Sector

Non-profit organisations operating in the area with the objective of supporting and facilitating the integration of vulnerable people (social cooperatives, ODAs, ODAs, social enterprises, etc.).

Universities

Each CUS had the opportunity to consolidate a proactive dialogue with its university of reference, with which to develop programmes and through which to involve university students in activities.

Sport

Including the territorial bodies of CONI, CIP (the Italian Paralympic Committee) and/or National Sports Federations and local sports associations.

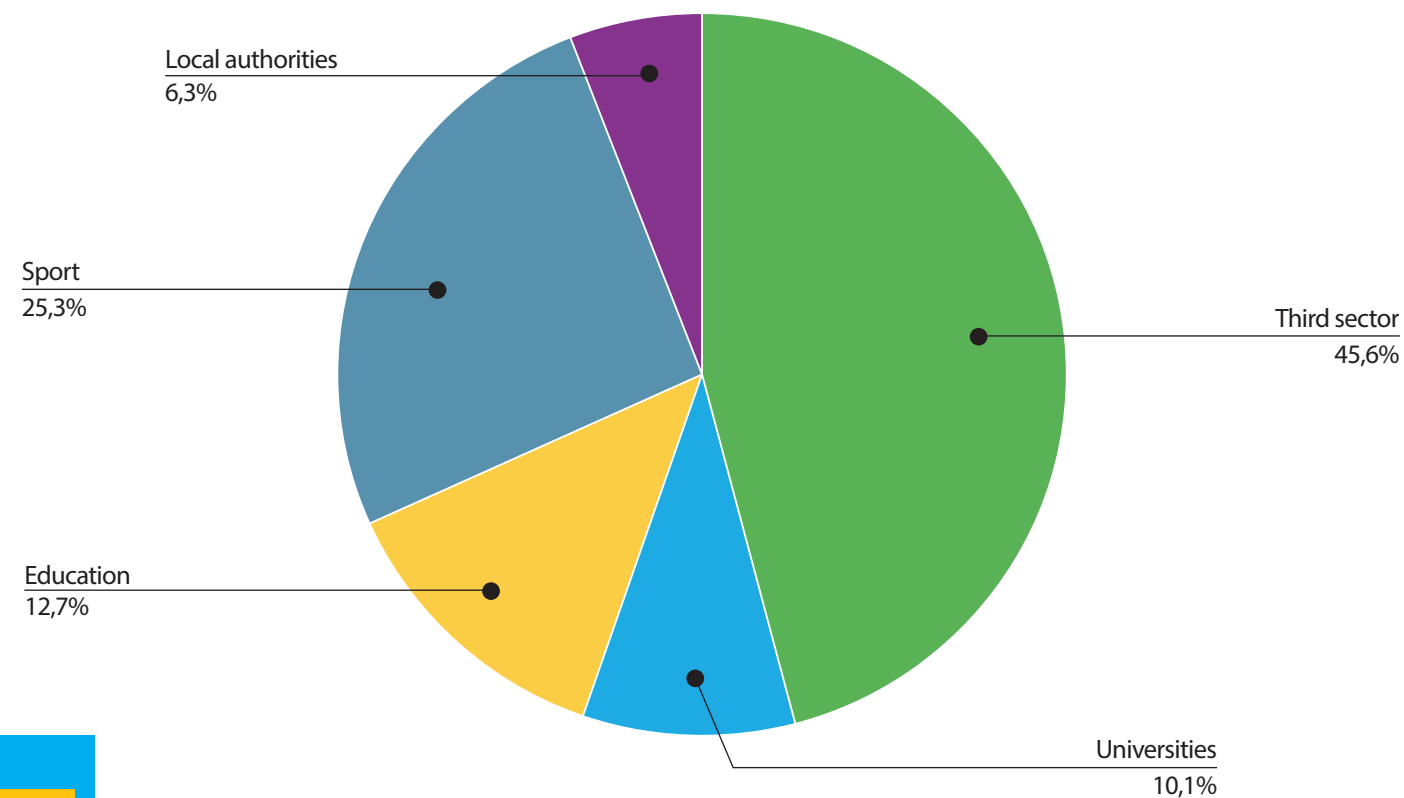
Education

Referring to local educational institutions and other bodies working in the field of all-age education.

Local authorities

Understood as municipalities that provided support for project activities.

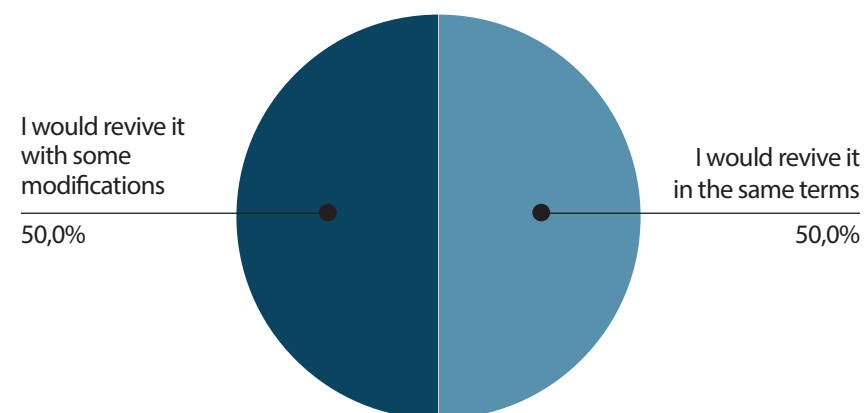
In total, **79 partnerships were activated** in the 20 projects.



Degree of satisfaction

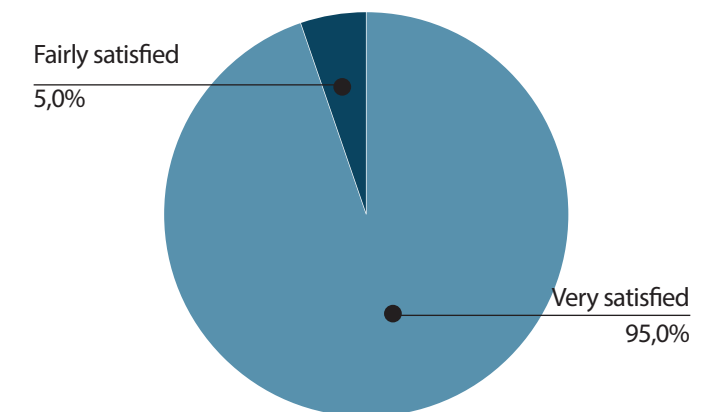
In the final report model compiled by each territorial project contact person, a part was dedicated to some analyses aimed at measuring the degree of satisfaction of the CUSs and the stakeholders involved in the projects. In particular, all the University Sports Centres expressed a willingness to re-propose InclUniGames, with 50% repeating it with some modifications.

Would you revive the IUG project?



With regard to stakeholder satisfaction (participants, partners, etc.), almost all CUSs defined the stakeholders involved as 'very satisfied'.

Do you think that, overall, the project stakeholders (partners, target groups, human resources, universities, etc.) were satisfied with the activities?



Finally, with reference to partnerships, it was investigated whether the partnerships activated by each CUS would continue. In line with the Federation's statement, **100% of the CUSs** declared that the partnerships activated for InclUniGames would continue after the end of the project.

1.6 PROJECT COMMUNICATION

Communication as the driving force behind the success of InclUniGames

Communication was a key element for the success of the InclUniGames project, allowing its values and initiatives to be emphasised and disseminated nationwide. Through a strategy, which used both the web and social media to tell the project's stories of inclusion and participation, CUSI managed to reach a wide audience. From the publication of articles on the website to the use of social media to share visual and narrative content, each tool was used with the aim of giving voice to the local realities and the protagonists of the project, creating a network of awareness and sharing.

The InclUniGames communication strategy began with the publication of opening articles on the CUSI website, followed by a series of content disseminated on social media (Instagram, Facebook, and LinkedIn). The social media pages of CUSI and the 20 local CUSs participating in the project worked in synergy, sharing multimedia content, promoting the project initiatives, and providing the project with widespread media coverage, which made it possible to reach a wide and varied audience. As in previous projects, carousels with photos of local activities, accompanied by descriptions highlighting local experiences, were published in 'social collaboration' with the 20 University Sports Centres involved. Each carousel bore witness to the success of the local initiatives, offering an engaging and direct insight into the sporting and inclusive atmosphere created in the different contexts. In the IUG project, therefore, social media were an essential channel for the dissemination of results, thanks to their ability to reach young people and universities in an immediate and effective way.

The three Territorial Final Events were an opportunity to test for the first time a true format of the Inclusive Sports University Games and, consequently, to better communicate the values related to competition, but especially those related to inclusion. During the events, video interviews were conducted with the participants and institutions present, capturing not only the sporting moments, but also the emotions, stories of commitment, and personal successes of the co-participants who took part in this great experience.

InclUniNews - the Information Magazine of the IUG Project

One of the focal points of the communication was the launch of 'InclUniNews - the IUG project information magazine', which accompanied the project from June to November 2023. This weekly space on the CUSI website gave a voice to the University Sports Centres, telling the stories, challenges and successes of the inclusive territorial projects in every part of Italy. Organised in two cycles, InclUniNews initially offered an account of the activities by the Territorial Referents, while in the second phase it collected direct testimonies from participants, technicians, and instructors. Their stories gave shape and substance to the project, bringing out the transformative impact of inclusive sport and the value of a sport that goes beyond all barriers.

The National Final Event: University Sport Beyond Barriers

The InclUniGames project reached its climax with the final event 'University Sport Beyond Barriers', which took place in Caserta from 14 to 16 December 2023. This event was much more than a final celebration: it was an opportunity to reflect on the achievements of the 20 CUSs involved, to consolidate the inclusive sport networks created during the project, and to highlight the potential of sport as a tool for social cohesion and inclusion.

On this occasion, thanks to an accurate collection of video-interviews with the main institutions present and with the protagonists of the project, a final video was produced and published on the Federation's YouTube channel. The video testified the InclUniGames pathway, celebrating the achievements and outlining the basis for future projects aimed at strengthening inclusion in university sport.

United in a circle: the logo representing inclusion and collaboration

The InclUniGames project was conceived to involve individuals in need of support in the area of motor and sports practice. In creating its symbol, it was intended to represent not only the need for support, but also the principle of equality among all people. The circle of stylised human figures holding hands perfectly embodies this idea: in the circle, each individual is equidistant from the others, emphasising a condition of equality, while the joined arms express mutual support. The project logo, therefore, represents a chain of cohesion between individuals, emphasises how teamwork and mutual help are essential for the achievement of common goals, and symbolises fundamental values such as unity, cooperation and social inclu-

sion. The reference to the traditional game ‘roundabout’ further reinforces the idea that these values can be achieved through play. The InclUniGames project, in fact, lays the foundations for the first Inclusive University Games, an occasion in which sport becomes a tool for breaking down barriers and building a more equal and participative society.

1.7 TOWARDS INCLUSIVE UNIVERSITY SPORTS GAMES: THE TERRITORIAL FINAL EVENT DAYS

The conclusion of the territorial activities was planned, as already described in the project facts, through the organisation of three final event days, during which delegations of participants from each of the IUG member University Sports Centres were brought together under the banner of inclusive sport and fun.

The final territorial events were then an opportunity to test a first real format of Inclusive Sports University Games. Based on the sports disciplines (conventional and non-conventional) included and practised by the various CUSs in their projects, a ‘standard’ programme was constructed and then replicated on all event days. The programme included three inclusive sports moments:

- An inclusive relay race, with a route constructed according to the possibilities of the facility, the type, and number of participants.
- An unconventional sports discipline.
- A third ‘typical’ sporting discipline proposed by the organising CUS, with the involvement of specialised technicians to let participants try out a new sporting activity to potentially be proposed in their own University Sports Centres.

The days were organised respectively by the CUSs of Bologna, Eastern Piedmont, and Foggia, with the support and supervision of the national co-ordination team of CUSI Sport Inclusivo and CMA - Creative Management Association. During all three days an important moment of reflection was also foreseen with the territorial representatives of the participating CUSs, who actively contributed to the precious and ambitious work of comparison and dialogue that fed the drafting of the Guidelines for Inclusive Sport Events.

EVENT DAYS

1.7.1 BOLOGNA - 21/10/2023

The first of the three-day InclUniGames final event was staged at the CUS Record arena in Bologna on 21 October 2023. **Over 50 boys and girls from seven different CUSs in the centre** took part in the event: CUS Camerino, CUS Padova, CUS Mo.Re., CUS Roma Tor Vergata, CUS Venice, CUS Viterbo, and CUS Bologna.

The event was attended by the President of FederCUSI, Antonio Dima, the Bologna City Councillor for Sport, Roberta Li Calzi, the President of the San Donato - San Vitale District, Adriana Locascio, the President of CUS Bologna, Piero Pagni, and the General Director of CUS Bologna, Federico Panieri.

The meeting point was Bologna Central Station, where a bus service gathered the delegations from the various municipalities in the city centre to reach the CUS Record facility together. After a short presentation of the project by the InclUniGames staff, the inclusive sports activities began. The participants, disabled and able-bodied, young and old, inactive university students and student athletes, competed in **Tug-of-War, Frisbee, and Inclusive Relay**.



At the end of the day, after the children had competed and scored, medals were awarded to all participants, and two trophies were presented to the winners. **The Inclusion Cup**, awarded to the delegation that was able to best describe and represent the target group of the territorial project with its team, and the **Classification Cup**, awarded to the delegation with the best score in the disciplines. The winner of the Inclusion Cup 2023 Bologna edition was CUS Venezia, while the Classification Cup 2023 Bologna edition was won by CUS Bologna and CUS Mo.Re.

1.7.2 ALESSANDRIA - 30/10/2023

The second day of the IUG final event took place on 30 October in Alessandria, with the northern CUSs as the protagonists, at the CUS Eastern Piedmont (organiser) facilities in Via Ennio Massobrio. **7 delegations took part:** CUSs from Bergamo, Brescia, Genoa, Insubria, Eastern Piedmont, Turin, and Trieste, with a total of **over 60 participants**.

The games were opened by the Mayor of the City, Giorgio Abonante, the Rector's delegate, Prof. Francesco Mario Cellerino, the President of EDISU (the regional authority for the right to university studies in Piedmont), Alessandro Ciro Sciretti, the Referent of the CUSI Inclusive Sport Documentation Centre, Andrea Ippolito, and the Secretary General of CUS Piemonte Orientale, Alessio Giacomini.

The day kicked off with **Touch Rugby**, the flagship of CUSPO's inclusive sports activities, and the **Inclusive Relay Race**. In the afternoon, the activities ended with the last event, **Frisbee**.



At the end of the competitions, all participants were presented with a medal by the President of CUS Eastern Piedmont and FederCUSI Federal Councillor, Alice Cometti, testifying to the commitment and inclusive spirit shown in the competitions. In this second event, the hosts of **CUS Eastern Piedmont** won the Classification Cup 2023 Alessandria edition, while the Inclusion Cup 2023 Alessandria edition was awarded to CUS Brescia.

1.7.3 FOGGIA - 25/11/2023

The final event days of the InclUniGames project ended on 25 November 2023 at the CUS Foggia Sports Complex. Southern Italian CUSs were protagonists in this last stage, with delegations from the CUSs of **Palermo, Foggia, Molise, Cosenza, and Catanzaro** for a total of **over 50 participants**. The games were opened by the President of CUS Foggia Claudio Amorese, with institutional greetings from the University of Foggia, represented by the Deputy Rector Prof. Milena Grazia Rita Sinigaglia, by the Rector's delegate for sport, Prof. Sergio Bellantonio, by the Rector's delegate for gender policies and social inclusion Prof. Annamaria Petito, by the head of the area of right to study, sports services and disability Prof. Giovanna Pacillo, and finally by the head of the area of right to study, sports services, and disability Prof. Maria Pacillo, and by the Federal Councillor of the FederCUSI, Maria Assunta Doddi. The day, perfectly coordinated by the team of qualified instructors saw a succession of inclusive **relay race activities, archery, shooting, kin-ball and running sacks**. It was led by Prof. Giuseppe Trapani, technical referent for the inclusive projects of the CUS Foggia,



During the morning, Maria Aida Episcopo, the mayor of Foggia, was a special guest. She thanked the CUS Foggia for the initiative and showed the city's closeness to the world of sport, as well as welcoming all participants. At the end of the competitions, all participants were presented with a souvenir medal by CUS Foggia President Amorese and Federal Councillor Doddi. This third event also featured two awards: a technical one for the team with the best score and a social one for the most inclusive team. The Classification Cup 2023 Foggia edition was won by the CUS Cosenza delegation, while the Inclusion Cup 2023 Foggia edition was awarded to the CUS Molise delegation, both of which were presented with prizes by the National Coordinator of the IUG Project, Filippo Corti.

1.8 UNIVERSITY SPORT BEYOND ALL BARRIERS CASERTA 2023

From **14 to 16 December 2023**, the family of the Italian Federation of University Sport gathered in the splendid setting of the Grand Hotel Vanvitelli in Caserta to celebrate the work done by the CUSs in the field of inclusive sport with the projects Sport e Identità - Sel (Sport and Identity) and InclUniGames - IUG, both funded by Sport e Salute.

'Lo Sport Universitario oltre ogni barriera' (University Sport Beyond all Barriers) was the title of the event that saw the participation of experts, operators, technicians, and teachers from the FederCUSI world and beyond. The marvellous Sala Farnese was the setting for a series of speeches and reports on **44 projects** that involved thousands of male and female students, young and old, able-bodied and disabled, hundreds of technicians and instructors in 15 regions of Italy.

The proceedings were opened by the institutional greetings of the President of FederCUSI, **Antonio Dima**, the President of Sport e Salute, **Marco Mezzaroma**, the President of Italian Paralympic Committee, **Luca Pancalli**, the Mayor of the city of Caserta, **Carlo Marino**, and the Rector of the University of Campania 'L. Vanvitelli', **Giovanni Francesco Nicoletti**.

The morning then continued with the conference, which focused on the combination of sport and inclusion. Thanks to the teachers and speakers who took part, the conference made the slogan of the event concrete, according to se-



Scansionami!

veral aspects and various angles. Among many others, participants also heard the testimony of Paralympic athlete **Alessandra Vitale**.

In organising the event, FederCUSI was able to count on the operational support of CUS Caserta and the content contributions of the University of Campania 'Luigi Vanvitelli'. Below are some excerpts from the speakers' speeches.

Carlo Marino - Mayor of Caserta

'Cities must be experienced by all citizens and the entire community to the fullest. Cities must have the opportunity to build a social model, a model of living together, even more so in sport and sports facilities. Even more so when universities and sport are combined. Cities must provide answers to those who want to have a normal life, a normal everyday life: the right to sport, the right to study are fundamental elements. Being able to guarantee this also comes through working together with you, through a joint project. I am happy that Caserta hosted this Festival of University Sport Beyond All Barriers.'



Prof.ssa Lucia Monaco - Delegate of the Rector
University of Campania 'L. Vanvitelli'
for Third Mission

'Today is a wonderful day for our university and for our region. Hosting all the representatives of the Italian University Sports Centres here is a very important opportunity for us to compare notes. Sport is certainly a subject that is particularly close to my heart, as it is to the whole of my university. This is because it is a fundamental factor of individual and collective growth for the development of active citizenship, not only for people's physical and psychological well-being, but also for their integration into the community. I therefore believe that the promotion of sport at university level is absolutely fundamental.'



Prof. Vasco d'Agnese - Delegate of the Rector University of Campania 'L. Vanvitelli' for Disability

'I had the honour and good fortune to be here today for this important event, which connects two fundamental elements of university, civil and social life in our country, namely sport and inclusion. Their synergy, without giving away figures or statistics, is a source of studies that show how sport is a vehicle and a fundamental instrument of inclusion. Both for the able-bodied and the disabled, and especially for the latter, sport is a fundamental instrument for combating the feeling of exclusion and powerlessness that can sometimes be felt. Research in this sense shows how the narratives of people with disabilities have used sport. Quoting a disabled boy, it can be used: 'to live in the world as a different person than I felt before.'

Therefore, we can only promote the practice of sport at all levels and increasingly prepare the people who will have to deal with this fundamental issue.'



Prof.ssa Marianna Pignata - Delegate of the Rector University of Campania 'L. Vanvitelli' for Equal Opportunities

'The summary of this day is that a culture of gender equality can also be addressed in the sports context. I am happy to have participated in this event, which can serve precisely to raise awareness and, why not, in the future may see greater participation of the female gender.'

There are so many topics on which we should insist: in my speech, I spoke of an issue related to a difference in the approach to physicality, but we could also talk about the different remuneration for female athletes compared to men. It was a stimulating meeting, and congratulations to the Italian Federation of University Sport for organising it.'



Lawyer Vincenzo Corcione - President of CUS Caserta

'This day is important precisely because of the networking between the institutions and between the territories. The concept that has been brought forward today is that of inclusion and the culture of sport, not only limited to sporting performance or the achievement of a specific goal but extended to fully guarantee everyone the right to sport in a very free manner. We stimulate the practice of sport not only for physical well-being, but also for psychological well-being, and, in some cases, to remove people from certain environments and help them to live more freely.'



Alessandra Vitale - Sports Ambassador of Paralympic Sport
'Participating in this festival was exciting. With my testimony, I wanted to share the value of self-denial: the message I always give to very young people, who often think that even a small problem is insurmountable and that every problem must be tackled. And you can't overcome it straight away, you can't achieve great results quickly. With small steps, any goal can be achieved, so on this occasion too I want to emphasise the importance of not giving up. Above all, if you have the opportunity to play sport at any level, you should do so. Because sport helps you a lot in life.'



The afternoon was the time for the Sel and IUG projects. Participants listened to the speeches presented by National Coordinator **Filippo Corti** and CUSI Inclusive Sport Documentation Centre Representative **Andrea Ippolito**. Subsequently, the representatives of the project partners, **Sabrina Banzato** for Socialnet and **Matteo Esposito** for CMA, analysed the results obtained from the activities carried out. In closing, with Vice President **Gianni Ippolito** and Secretary General **Pompeo Leone**, President **Antonio Dima** presented awards to the CUS delegations participating in the projects.



CHAPTER II
IUG
ON NATIONAL
TERRITORY



2.1 IUG PROJECTS ACROSS THE COUNTRY

The heart of InclUniGames is certainly represented by the projects promoted by each University Sports Centre in its area of reference.

Each project had a planned duration of at least six months. Following the indications in the national call for proposals, the projects had to promote a minimum of two hours per week of free inclusive sports activities involving as many recipients as possible.

From the outset, as is customary in FederCUSI projects, it was decided not to impose a 'model' from above, leaving the CUSs free to pursue the project aims with proposals capable of impacting on their own context in the most effective way possible, also leaving room for experimentation.

Many of the participating CUSs had already gained experience in inclusive sports design and were therefore starting from a more solid base. Others, however, to the satisfaction of the Federation, approached this type of planning with IUG.

The territorial activities officially started in May 2023 and ended with the North-Centre-South Territorial Final Event Days.

In this chapter, space is given to the individual territorial projects, whose objectives, disciplines practised, and activities carried out have been summarised.

CUS BERGAMO



Project title:
IUUS - Inclusione Cus Università Sport

Project contact person:
Davide Caccia

Place:
Centro Sportivo CUS Dalmine

Sports disciplines practised:
Athletics, Baskin, Football, Pickleball, Frisbee, Badminton, Volleyball

Number of resources involved in the activities: **11**

Partnerships activated:
Cooperativa Sociale La Solidarietà; Cooperativa Sociale Namaste; Cooperativa Sociale La Bussola; Special Olympics Bergamo; Servizi per le disabilità and DSA UNIBG



CUS BOLOGNA



Project title:
CAMP PER TUTTI

Project contact person:
Agostino Briatico

Place:
Green Camp Bologna, Record Camp Bologna, Gymnasium Camp Bologna

Sports disciplines practised:
Athletics, Fencing, Basketball, Ultimate Frisbee, Roller, Volleyball, Football, Swimming, Pre-sports games.

Number of resources involved in the activities: **21**

Partnerships activated:
Sport Education SSD, Comprehensive schools in Bologna (6, 8, 10, 17, 18)



CUS BRESCIA



Project title:
L'UNI-ONE FA LA FORZA!

Project contact person:
Simona Azzini

Place:
CUS Sports Centre of Brescia, Sede Fobap

Sports disciplines practised:
Basket, Ultimate Rugby Touch, Weightlifting, Yoga, Soft gymnastics

Number of resources involved in the activities: **14**

Partnerships activated:
Fobap-Anffas

Testimonials involved:
Athletes of the CUS Brescia Paralympic Section



CUS CAMERINO



Project title:
GAMES 4 ALL

Project contact person:
Sara Cicconi

Place:
CUS Camerino facility, School Gymnasium Belforte del Chienti (MC)

Sports disciplines practised:
Athletics, Volleyball, Football, Tug-of-War, Obstacle Course, Water Games

Number of resources involved in the activities: **6**

Partnerships activated:
Anffas Onlus Sibillini, ASD Olimpia Nuoto



CUS CATANZARO



Project title:
CUSsando

Project contact person:
Achille Falcone

Place:
CUS Catanzaro facility

Sports disciplines practised:
Football, Archery, Tennis, Tug of war, Sack race, Spikeball, Outdoor fitness

Number of resources involved in the activities: **7**

Partnerships activated:
University of Catanzaro

Testimonials involved:
Athletes of the CUS Catanzaro 5-a-side football team



CUS COSENZA



Project title:
Tutti IUG per Terra

Project contact person:
Giovanni Ferraro

Place:
CUS Cosenza Facility, SAI Centre, University spaces

Sports disciplines practised:
Vortex throwing, Inclusive relay, Curling with fitball, Torball, Sitting volleyball, Tag rugby, Calcin

Number of resources involved in the activities: **10**

Partnerships activated:
University of Calabria, Centro Provinciale Istruzione Adulti (CPIA) Cosenza, SAI Centre of Mendicino, SAI Centre of Dipignano, PartecipAzione Association.

Testimonials involved:
CUS Cosenza athletes from different sports disciplines



CUS FOGGIA



Project title:
SportSmile 2023

Project contact person:
Maria Assunta Doddi

Place:
CUS Foggia facility; Regional Natural Park Bosco Incoronata

Sports disciplines practised:
Tennis, Orienteering, Rugby, Football, Volleyball and Sitting Volleyball, Athletics, Kin-ball, Field Hockey, Italian handball, Rugby Flag, Ultimate frisbee, Basketgoal, Archery

Number of resources involved in the activities: **20**

Partnerships activated:
University of Foggia (Right to Study Area, Sport Services and Disability), Three-year degree course in Motor and Sport Sciences, Master's degree course in Sciences and Techniques of Preventive and Adapted Motor Activities, Three-year degree course in Education and Training Sciences, Master's degree course in Pedagogical Sciences and Educational Design, Centro di Servizio al Volontariato of Foggia (C.S.V. Foggia), Sport Orienteering School ASD, Odv I Fun; OdV Regioni del cuore of Foggia

Testimonials involved:
Student-athletes and former student-athletes from the University of Foggia's Dual Career Programme



CUS GENOA



Project title:
C.ontinuità U.nione S.ociale - Con lo sport si può!

Project contact person:
Angelo Bedini

Place:
PalaRomanzi, Valletta Puggia tensostructure, San Giorgio Nautical Institute, CUS Genoa facility

Sports disciplines practised:
Soft gymnastics, Wheelchair tennis, Sailing, Baskin

Number of resources involved in the activities: **11**

Partnerships activated:
A.L.I.S.E.O. Agenzia Ligure per gli Studenti E l'Orientamento, University of Genoa, ATS 44 Municipality of Genoa and in particularity Philos Association, La Pilotina Association, Mulino Association, La Locomotiva Association, Italian Tennis and Padel Federation

Testimonials involved:
Student-athletes in the UNIGE program



CUS INSUBRIA



Project title:
IncluniCus

Project contact person:
Valentina Alferano

Place:
PalalInsubria, Gavirate Rowing Club

Sports disciplines practised:
Rowing, Volleyball, Hip-Hop, Basketball

Number of resources involved in the activities: **16**

Partnerships activated:
CIP Lombardy, FISDIR, VH Varese, CPIL Varese, Canottieri Gavirate

Testimonials involved:
Ilaria Brogginì, athlete of the Italian Rowing Federation



CUS MOLISE



Project title:
Sport4All #lospoitpertutti

Project contact person:
Marco Sanginario

Place:
PalaUnimol

Sports disciplines practised:
Karate, Inclusive table football, Basic physical activity, Summer camp for minors

Number of resources involved in the activities: **9**

Partnerships activated:
Siri Cooperative, Campobasso Down Syndrome Association, Italian Paralympic Committee

Testimonials involved:
Marco Santucci, volleyball player with experience in Serie A, A2, B1 and B2



CUS MO.RE.



Project title:
INCLUNIMORE

Project contact person:
Leonardo Zanfi

Place:
PalaCUS Modena, 'Alessandro Tassoni' Scientific High School; 'G. Guarini' High School

Sports disciplines practised:
Baskin, Basketball, Showdown, Sitting Volleyball, Laser Run, Fencing, Archery, Ultimate Frisbee

Number of resources involved in the activities: **15**

Partnerships activated:
Modena Sitting Volley, ASD Ghirlandina, Penta Modena, Pgs Frisbee, Fipav Modena

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CUS PADUA



Project title:
Centri Estivi Inclusivi

Project contact person:
Marta Gravina

Place:
'L. Merigliano' sports facilities, Padua

Sports disciplines practised:
Athletics, Basketball, Baskin, 5-a-side football, Field hockey, Judo, Wrestling, Rugby, Fencing, Tennis, Table tennis, Volleyball, Handball, Pre-acrobatics, Ultimate Frisbee, Orienteering, Tamburello

Number of resources involved in the activities: **25**

Partnerships activated:
Down Syndrome, Autism, Intellectual Disability Association (D.A.D.I.), University of Padua, Municipality of Padua, Local Health Authority 6

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CUS PALERMO



Project title:
InclUniGames senza frontiere

Project contact person:
Lucia Teresa Pollina

Place:
CUS Palermo sports facility; ASD Delfini Blu municipal swimming pool

Sports disciplines practised:
Athletics, Football, Swimming, Tug-of-war, Acchiana u patri co tutti i so figghi, Campana, Sack race, Inclusive volleyball, Baskin, Sitting volleyball, Capture the flag

Number of resources involved in the activities: **7**

Partnerships activated:
ASD Delfini Blu, FISDIR



CUS EASTERN PIEDMONT ASD



Project title:
CUSPOLimpiadi 2023

Project contact person:
Alessio Giacomini

Place:
CUSPO Sports Centre, Carrà Park, School gyms (Alessandria), Public Park (Novara), Sports Centre (Piancavallo)

Sports disciplines practised:
Touch Rugby, Frisbee, 3-on-3 Basketball, Tug of War, Inclusive Relay Race, Sack Race, Spikeball, 5-a-side Football, Capture the Flag, Tower's Fail

Number of resources involved in the activities: **15**

Partnerships activated:
La Rosa Blu Association, ITIS OMAR (Novara), 'Galilei' Sports High School (Alessandria), University of Eastern Piedmont, Municipalities of Alessandria and Novara



CUS PISA



Project title:
CUS PISA PER TUTTI

Project contact person:
Renato Curci

Place:
CUS Pisa sports facilities, Tirrenia beach, Lungarno and historic centre of Pisa, Educational institutions (Pisa)

Sports disciplines practised:
**Karate, Beach Karate, Beach Volleyball, Ultimate Frisbee, Paralympic Boc-
cia, Wheelchair Tennis, Judo for the visually impaired, Athletics**

Number of resources involved in the activities: **12**

Partnerships activated:
**Italian Paralympic Committee of Tuscany, Municipality of Pisa, University
of Pisa, Diocesan Caritas, AIPD Pisa, FISDIR Tuscany, PAIM Social Coopera-
tive, UILDM, UIC-Pisa, Caregivers**

Testimonials involved:
Anna Bongiorno, Olympic and university athlete



CUS ROME - TOR VERGATA



Project title:
PAR-Inclusion - Pickleball - Archery and Rugby

Project contact person:
Alessia Ciocari

Place:
Decathlon Rome facility (Mary Pandolfi de Rinaldis Street)

Sports disciplines practised:
**Pickleball, Archery, Touch Rugby, Rugby, Volleyball, Football, Baskin,
Gymnastics**

Number of resources involved in the activities: **6**

Partnerships activated:
Una grande famiglia ONLUS



CUS TURIN

Project title:
INSPORT

Project contact person:
Barbara Rocca

Place:
CUS Torino sports facilities

Sports disciplines practised:
Adaptive tennis, adaptive yoga, adaptive athletics, canoeing, rowing, adaptive dragon boating

Number of resources involved in the activities: **20**

Partnerships activated:
Primo Nebiolo ONLUS Association, ASD Globo Grugliasco and CIS Patrizia Saccà, Paralympic athlete and yoga expert



CUS TRIESTE

Project title:
IncludiAmo

Project contact person:
Matteo Zanini

Place:
CUS Trieste sports facilities, Villa Ara Youth Centre

Sports disciplines practised:
Baskin, Calcio

Number of resources involved in the activities: **11**

Partnerships activated:
ASD Polisportiva Fuoricentro, Trieste Integration Social Cooperative – Anf-fas



CUS VENICE



Project title:
Unirsi al Gioco 2023

Project contact person:
Elisa Visentini

Place:
'G.B. Gianquinto' Sports Hall at the Arsenale, Pala Antenore Energia

Sports disciplines practised:
Gentle gymnastics, Handball, Volleyball, Basketball, Table tennis, Tennis, Five-a-side football, Football, Athletics, Judo, Rugby, Plogging

Number of resources involved in the activities: **7**

Partnerships activated:
Sant'Alvise Day Centre for People with Disabilities, Nicopeja Community – Venice, Pompeati Community, San Pio X Family Home, Municipality of Venice – Venice Social Cohesion Agency

Testimonials involved:
Competitive athletes Men's volleyball, Veronica Berti (Canoe athlete CUS Venice)



CUS VITERBO



Project title:
OLTRE LE BARRIERE INVISIBILI

Project contact person:
Maurizio Merlani

Place:
CUS Viterbo facilities

Sports disciplines practised:
Five-a-side football, Tennis, Volleyball, Beach volleyball, Table football, Tug-of-war, Dodgeball, Bocce, Football tennis, Capture the flag

Number of resources involved in the activities: **12**

Partnerships activated:
'Villa Buon Respiro' nursing home, 'Amici di Galiana' Association

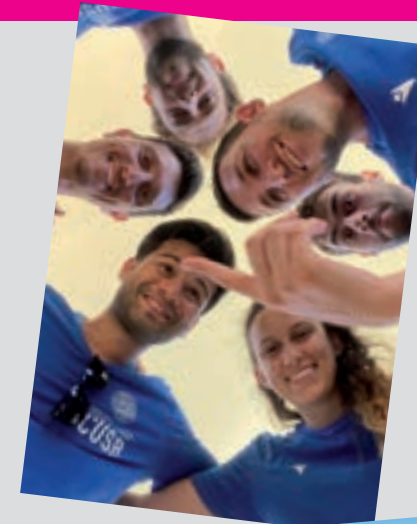




CUS BERGAMO



CUS BOLOGNA





CUS BRESCIA



CUS CAMERINO

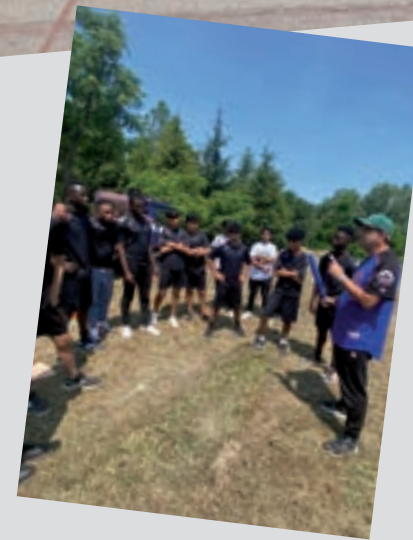
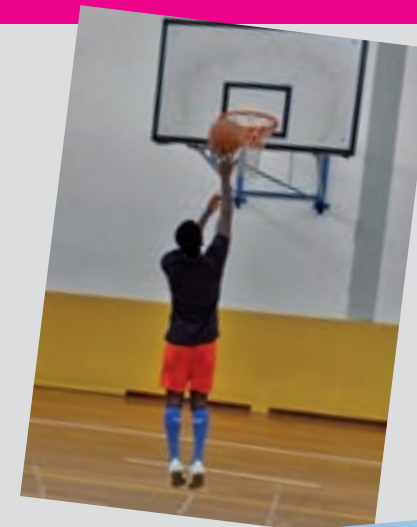




CUS CATANZARO



CUS COSENZA

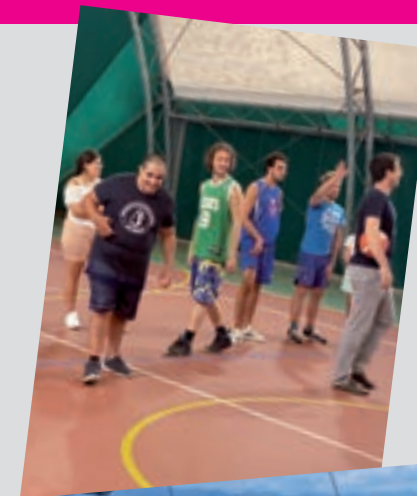




CUS FOGGIA

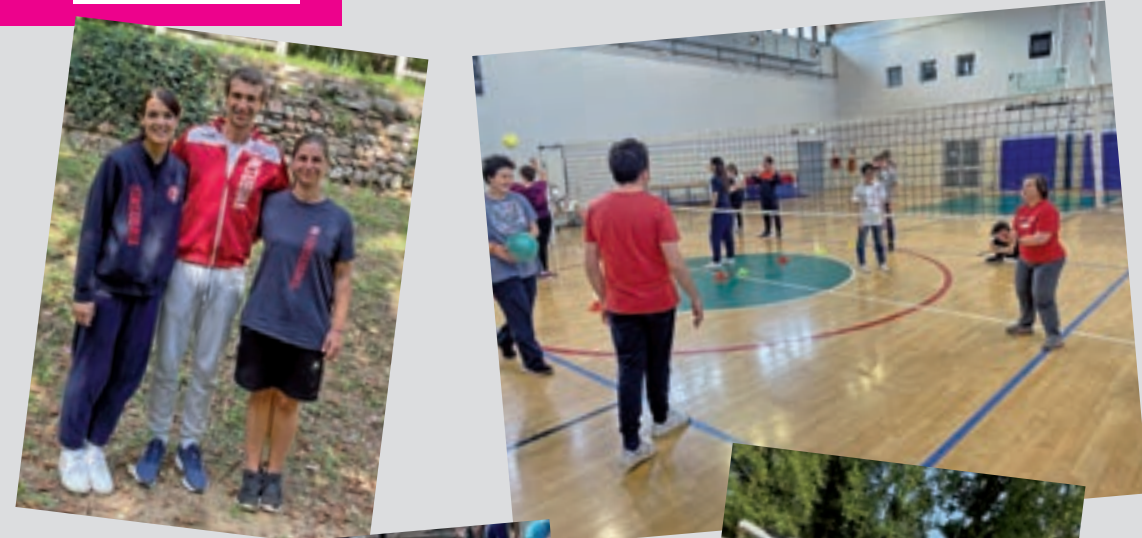


CUS GENOVA

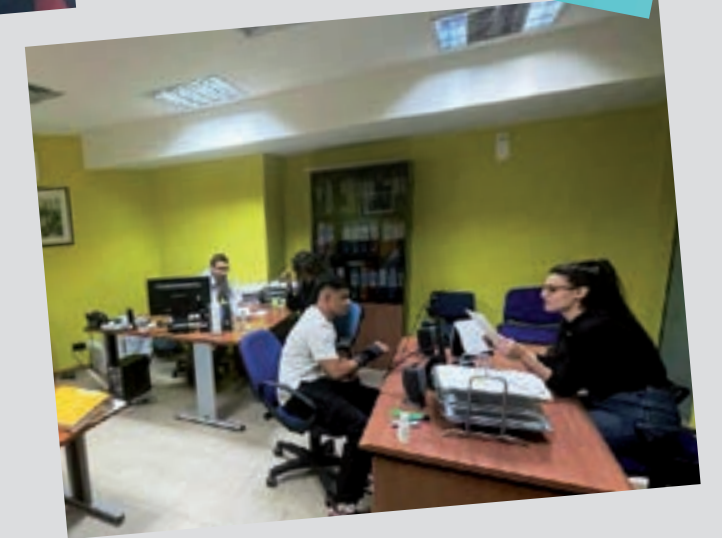
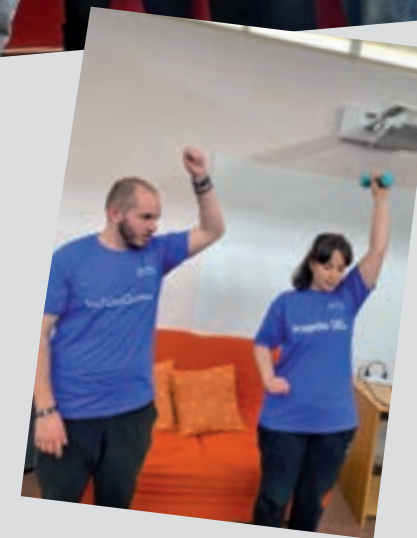


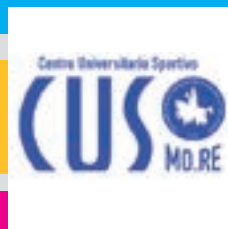


CUS INSUBRIA

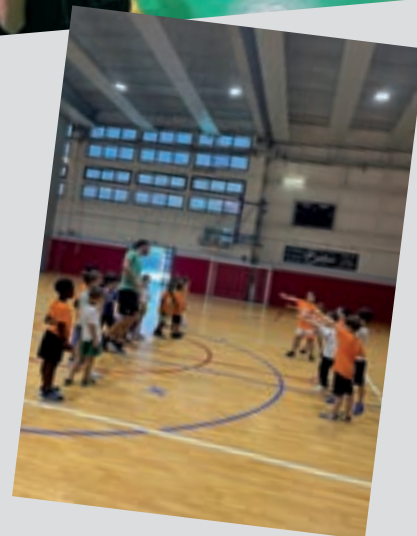


CUS MOLISE





CUS MO.RE



CUS PADUA





CUS PALERMO



CUS EASTERN PIEDMONT





CUS PISA



CUS ROME - TOR VERGATA





CUS TURIN



CUS TRIESTE





CUS VENICE



CUS VITERBO



CHAPTER III
**THE LEGACY OF THE
IUG PROJECT**



3.1 GUIDELINES FOR INCLUSIVE SPORTS EVENTS

One of the main outputs of the InclUniGames Project is the publication of Guidelines for Inclusive Sporting Events.

The Guidelines for Inclusive Sporting Events are an important contribution by the Italian University Sports Federation to the practice and promotion of inclusive sport. It is a way in which FederCUSI fulfils its social responsibility for sustainable development.

The Guidelines for Inclusive Sporting Events are the result of a participatory process, based primarily on the experience gained over the years by FederCUSI in inclusive sports projects and the analysis of **more than 70 documents**. They are collected within the Inclusive Sport Documentation Centre – including publications, reports, project reports, articles, and research carried out by the Federation and individual University Sports Centres as part of individual projects carried out over time.

The InclUniGames project represented a fundamental step in the development of the Guidelines. In particular, the discussions with local representatives during the final event provided an important basis for contextualising the needs and requirements that the document seeks to address.

The Guidelines aim to provide ‘operational’ support – first and foremost – to all internal stakeholders of the Federation. In particular, they focus on: human resources and University Sports Centres operating throughout the country, on the organisation of inclusive sporting events through ‘simple’ guidelines resulting from years of knowledge and on expertise gained in the field, thanks above all to the numerous projects carried out.

With these Guidelines, the Federation also **pursues the broader goal of promoting an inclusive culture within the sports sector and beyond**. The Federation make its know-how and experience available to all those who have or will have the desire to organise inclusive sporting events and/or who may find in this document ideas or best practices that can be applied in their own context.

The document is divided into two sections:

1. The FIRST SECTION, which describes the context and FederCUSI's approach to inclusion in sport.

2. The SECOND SECTION, which suggests concrete actions, **divided into seven areas of intervention**, to be implemented in a proposal for an inclusive sporting event, accompanied by some **good practices** from the FederCUSI world, which can be drawn upon directly in terms of ideas to be put into practice in one's own context.

OUTLINE OF THE GUIDELINES



3.2 FUTURE DEVELOPMENTS

The InclUniGames project marked another important step forward in the growth of FederCUSI's inclusive sports culture and that of the University Sports Centres involved in the activities. This growth, in addition to generating a sense of pride in all those involved, brings with it the awareness and responsibility of having to raise the bar each time.

In recent years, the Federation has come to understand the complexity behind the organisation and development of inclusive sports programmes and has sought, in various ways, to prepare and share with the CUS the tools needed to address this complexity.

With the IUG Project, FederCUSI has initiated a reflection on the need to work on the training of a new professional figure – the Sports Inclusion Manager. The reflection was enriched by the contributions of participants and representatives of individual projects launched by the CUS. According to this, the Sports Inclusion Manager must have the necessary skills to develop, organise, coordinate and implement sports inclusion programmes, projects and activities within both FederCUSI and the individual CUS.

The goal is always to promote the development of an inclusive culture in terms of proposals, quality of services, openness to the local area and dialogue with stakeholders, providing the appropriate skills to recognise the talents and abilities of each person and promoting activities aimed at social and sporting inclusion.

With the additional aim of increasing knowledge related to inclusive design and sharing its vision of inclusive sport with other institutional partners and beyond, FederCUSI has launched a European project linked to the Erasmus+ Sport programme. The project will see the Federation lead a project proposal dedicated to the exchange of knowledge and skills in the development of inclusive sports proposals between NUSFs (National University Sport Federations).

CONCLUSIONS



Knowledge and sharing, engine and fuel for growth

by **Andrea Ippolito**, CUSI Inclusive Sport Documentation Centre



InclUniGames has clearly shown that the development and growth of an organisation is not only measurable in terms of expansion but, above all, in its ability to adapt and respond to the challenges it encounters. These capacities have allowed us to read change, reorganise processes, and open the doors to new collaborations to offer a product renewed in the way it is executed.

The Documentation Centre, keeping the objectives of its creation clear, immediately collaborated with the new project partner, CMA. The Centre provided an overview of the good territorial practices implemented by the CUSs and the national actions undertaken by the Federation with the aim of highlighting the strengths of the system and exploring the evolutionary lines of the new project challenge. The Documentation Centre's support further materialised in the territorial co-designing phase with its commitment alongside the 'Sportello IUG', a space for the construction, monitoring and reporting of territorial projects.

In the course of its work, the debate with the new partner allowed the Documentation Centre to grow, learn new strategies, and implement responses to be made available within the CUS network. These took the form of support for the planning and implementation of the final territorial events that the CUSs organised with the support of FederCUSI. Based on the winning mode of the final event of the SPONC! Project (November 2022), motor and sports disciplines, conventional and non-conventional games were identified. The disciplines were highly inclusive and easily adaptable to the needs of the participants. Furthermore, they can be repoposed in three different territorial events in the final phase of the national project, flanked by moments of direct debate with the local project referents on the evidence that emerged during the activities.

The high level of participation and the feedback received recognise the good

work carried out by the CUSs. The satisfaction of the latter and the Federation attests to the support provided by the Documentation Centre.

As in the previous national projects, the Documentation Centre also participated in the collection of qualitative and quantitative information from all the territories involved. Subsequently, the Documentation Centre participated in its dissemination by making it available inside and outside the FederCUSI network through this report and the territorial in-depth studies available on the web.

In addition, the result of more than four years of observation and monitoring of territorial proposals, exchange, and comparison with managers, referents, and sports operators of the FederCUSI-CUS network, has taken shape in the design, development and drafting of the 'Guidelines for Inclusive Sports Events'. It is a document that aims to extend to all stakeholders the know-how of the Federation and the CUS on sport for all. Furthermore, it aims to initiate a dialogue that is generative of improvement in the ability to respond to the sporting and social needs of the community. In fact, knowledge sharing is one of the objectives that had led to the creation of the Documentation Centre. The objective continues to emerge as a fundamental activity to foster the growth and progress of the community. Through the exchange of good practices, experiences, and competences, the actors involved and the interested panorama will be able to enrich their own heritage, improving the quality of their initiatives, and broadening the impact of their activities. Collaborating and learning from and with others has enabled our movement to best meet the sport-inclusive challenges encountered. Moreover, it developed innovative solutions and resources adaptable to different contexts.

In an inclusive network, knowledge thus becomes the engine for building stronger, more accessible, and open sports communities for all.

The InclUniGames project leaves behind a more solid network of exchange and confirms the importance of continuing to invest in initiatives that promote access to sport for all, which acquire training value when it is experienced by young people and university students in particular, citizens of the present and future of our society.

The commitment of the Documentation Centre will continue to support and disseminate the culture of inclusive sport, so that it becomes even more a central element of the sport and social policies of the future of the Italian Federation of University Sport.

The importance of an inclusive approach in sports events: InclUniGames – a challenge embraced... and successfully met

by **Filippo Corti**, InclUniGames – IUG National Project Coordinator



Omnia cum tempore ('All in good time') was written in Ecclesiastes. *Omnia tempus habent* ('All things have their time') was written in some later translations. However you want to interpret this Latin proverb, there is no interpretation that does not make me think of the propitious moment that characterises the time experienced by CUSI with the InclUniGames (IUG) project – *Towards the first edition of the Inclusive University Games*. A favourable period that is coming to an end and blossoming. The funding obtained for this project was in fact the last allocated to CUSI as a Sports Promotion Body (EPS). A final chapter that, in some ways, can only be a first. Considering what has been analysed in this project report, it is important to retrace some of the steps taken to get to this point, not only to smooth out the twists and turns of the journey, but also to emphasise some of the assumptions that contribute to its value. First of all, it is important to highlight one concept: 2023 was certainly a very challenging year for the entire federal structure, both central and peripheral. The combination of various inclusive and social responsibility projects throughout the country, the administrative requirements associated with the transition from EPS to FSN, the ongoing statutory reform, navigating the new regulations on sports law, and many other parallel stressors have put our entire system to the test. However, with self-sacrifice, a great sense of responsibility, and an indomitable ability to achieve its objectives, the system has managed to fulfil all the specific and general requirements of IUG. But let's take it one step at a time.

A new collaboration. With this project, the Italian University Sports Federation has 'signed up' a new partner: dynamic, innovative, young, and capable.

The CMA has been a valuable companion on this inclusive journey, both for the passion and expertise it has made available to local representatives and the co-

ordination team throughout all phases of the project. If it is true that it is our companions who enrich the destination of a journey, I think I can say that every CUS involved in this adventure will be able to say that they had an extra passenger (sometimes) and an extra driver (at other times) on board.

The First Inclusive Championship. A small dream coming true. A structured national sporting event, with its own rules, an organising committee, a sustainable approach and fair competition. Following the explosive and significant experience of SPONC!'s Inclusive Day held in Rimini in 2022, we saw the Inclusive University Games in Bologna, Alessandria, and Foggia. They were rewarding experiences, with their numbers and consensus. FederCUSI made the cultural efforts, rather than organisational ones, to lay the foundations for an organised, replicable, and continuous initiative.

Guidelines for inclusive sporting events. The creation of a user-friendly 'manual' that can be used by any administration or association, providing a guide for the implementation of a sporting event, regardless of its logistical and temporal scope, with inclusion as its founding principle, is certainly the most significant legacy of the entire project.

In the year of InclUniGames, on 20 September, our country celebrated the historic recognition of sport in the Constitution. Article 33 of the Italian Constitution now states: 'The Republic recognises the educational and social value of sport in all its forms and its contribution to the promotion of physical and mental well-being.'

The date of 20 September is already very dear to the university sports movement because, since 2016, FISU and UNESCO have recognised university sport as an essential social element for the well-being of new generations and an indisputable tool for dialogue between peoples. It is in the wake of this remarkable coincidence, proud of the results achieved by the project and galvanised by this important constitutional impetus, that I feel the need to look to the future and imagine InclUniGames on a European scale. This is an ambition that FederCUSI, thanks to its University Sports Centres and its commendable volunteers, will be able to cultivate with enthusiasm, courage and foresight.



Project carried out with the contribution of

